

HOLY SAVIOUR PARISH

OF THE POLISH NATIONAL CATHOLIC CHURCH - SINCE 1924 -

118 Prospect Street
Naugatuck, CT 06770

☎ (203) 729 4035 – Rectory
www.holysaviourpncc.org

First Sunday of LENT
February 22, 2026

Holy Mass at 9:00 AM

Pastor Fr. Paul Dudek



Mass Intention for this Sunday is available.

If you have your own, please see Father Paul before the Mass.



Into the Desert with Christ

As we begin the holy season of Lent, the Church leads us into the desert with Jesus. In the Gospel, we see Him tempted, hungry, tired, and alone, yet steadfast in his trust in God the Father. The desert is not

just a place of trial; it is a place of encounter. There, distractions vanish, and the heart is laid bare before God.

Lent invites us into our own spiritual desert. Through prayer, fasting, and almsgiving, we confront what weakens us and rediscover the One who strengthens us. Temptation reminds us of our weakness; grace reminds us of God's closeness to us.

These forty days are not about proving our strength in overcoming temptations and life difficulties, but about deepening our trust and dependence on the Lord. If we walk with Christ on our Lenten journey, we will also share with Him the joy of His Resurrection. So, let us begin this Lenten season with courage and hope.

- Fr. Paul

We are Catholic community called to serve God and others through Eucharist, prayer, education, and daily living of the Gospel values. **Everyone is always welcome to worship with us** in our beautiful church. It is a house of prayer for all, who with sincere heart desire to praise the only God, our Father in heaven.



For those who are new to our church (and even those who aren't!) To follow along with the Mass, begin on page 63 in the Mass booklet. Father will announce which page to turn to for the Canon at the appropriate time.



Reception of the Holy Eucharist - Baptized Christians who believe in the Real Presence of Christ in the Holy Eucharist and are in a state of grace, free from mortal sin, are invited to partake of this Holy Sacrament with us. – If you are unable to receive the Precious Blood, please alert Father before Mass so that he is aware of the situation. If you would like to receive only a blessing from Father instead of Communion, come to the altar rail with your arms crossed, palms on shoulders. **Come and let us be one with our Lord.**

Want to request a Mass? Please contact Fr. Paul or call the rectory at (203) 729-4035. Masses can be said for a deceased person or as a special intention for the living. You may reserve a Sunday of your choice, and your intention will be published in the parish bulletin. We encourage you to offer a Mass on the occasion of a birthday, anniversary or special personal (family) need.

Pastoral Care Visit. The two great Sacraments: Eucharist & Holy Anointing may be a source of grace and health for a sick person. So, if you are confined at home or have a family member at hospital or nursing home unable to take part in Sunday Mass and Sacraments, please notify the father to set the day and time for pastoral visit.

In emergency call directly Fr. Paul @ 475-208-4455.

PARISH ANNOUNCEMENTS

➡ **We have entered the period of Lent.** As Catholics we are obligated to refrain from eating meat meals and poultry each Fridays of the Lent. This applies to all of us between the ages of 16 and 65. However, individuals with some medical conditions are exempt. Let us also remember about **charity deeds** for those in need.

➡ **Stations of the Cross** during Lent combined with **exposition of the Blessed Sacrament** will be celebrated **alternately** with the parish of St. Joseph in Stratford, every Friday, see the Lenten schedule on page 7.

➡ **Fundraising to cover the costs of heating the church in winter (free will donation).** **GOAL REACHED! So far, we have collected \$5020!** – Since this winter seems to be colder than usual and we have used more heating oil to heat the church, **we will continue to collect these funds till the end of March.** Thank you for your understanding and support.

➔ **Community Awards Program** - Every customer has the opportunity to help the Ion Bank Foundation distribute \$100,000 to local non-profit organizations. So, if you are an **Ion Bank customer**, now is the time to vote for your favorite non-profit organization. Each vote brings \$25 donation to the organization of your choice. Voting is open to March 3rd. **Check out the ION bank website and vote for Holy Saviour PNCC!**

➔ This month is - **Natalie Schweizer** - February 14
the **BIRTHDAY** of - **John M Tropeano** - February 17



Please remember in your prayer those who are suffering, sick or confined at home, hospitals and nursing homes, especially our parishioners and friends: **Bp. Paul Sobiechowski, Sarah Squezello, Logan, Debbie & Emil Caruso and Aiden Klein.**

Items for the bulletin – If you would like to share information about your family anniversaries or important events, such as graduations, with the parish community, please contact Fr. Paul by text at (475) 208-4455 or by email at paudek@yahoo.com. You can also attach photos from these events. Please submit items for the bulletin by Thursday.

Lent Schedule: (HS) - Holy Saviour (SJ) - Saint Joseph's

- Feb 20** – (Friday) 6:30 PM (SJ) Stations of the Cross, Exposition of the Most Blessed Sacrament & Benediction; distribution of ashes
- Feb 27** – (Friday) 6:30 PM (HS) Stations of the Cross, Exposition of the Most Blessed Sacrament & Benediction, SOCL Class will follow
- Mar 6** – (Friday) 6:30 PM (SJ) Stations of the Cross, Exposition of the Most Blessed Sacrament & Benediction
- Mar 8** – **Sunday - Institution of the PNCC.** Parish Committees swearing
- Mar 13** – (Friday) 6:30 PM (HS) Stations of the Cross, Exposition of the Most Blessed Sacrament & Benediction, SOCL Class will follow
- Mar 20** – (Friday) 6:30 PM (SJ) Stations of the Cross, Exposition of the Most Blessed Sacrament & Benediction
- Mar 22** – **Passion Sunday.** (HS & SJ) Penitential Service during Mass
- Mar 27** – (Friday) 6:30 PM (HS) Stations of the Cross, Exposition of the Most Blessed Sacrament & Benediction, SOCL Class will follow
- Mar 29** – **Palm Sunday.** (HS & SJ) Blessing of palms with procession

LENTEN RETREAT

For Southwest Seniorate

SATURDAY, March 7th

**St. Casimir's PNCC, 240 Quinnipiac Street
Wallingford, CT 06492**

You're Invited to Pray with Us!

Schedule:

- 10:00 AM - Holy Mass**
- 10:45 AM - Exposition of the Most Blessed Sacrament**
- 11:00 AM - Snacks and Coffee**
- 11:15 AM - Session 1 by Fr. Adam Piekarczywski**
- 12:00 PM - Break**
- 12:15 PM - Session 2 by Fr. Paul Dudek**
- 1:00 PM - Reflections Fr. Justin Daviault**
- 1:30 PM - Lunch**
- 2:00 PM - Repose of the Sacrament and Dismissal**

Please bring: Yourselfes
RSVP to: Fr. Justin @ revjustinpnc@gmail.com
or 860-628-0736



Can't get to Mass? The National Cathedral in Scranton and the Eastern Diocesan Cathedral have YouTube channels to which you can subscribe. Both channels archive the weekly Mass for later viewing. So, if you're away from home, or shut-in at home, you can still see a Mass from our Church. Check them out –

<https://www.youtube.com/@ststanislauscathedral> or
<https://www.youtube.com/@bishoppaulsobiechowski9743>